Spectrum Rehabilitation

810 Arcturus Drive
Colorado Springs, CO 80905
719-444-0381
www.spectrumrehab.net

SPECTRUM CLASSES

Dancing
1 Class - $8 (Drop In)
5 Pack - $30 ($6/class)

Water Tai Chi classes are $2.00/class.

Senior/Military/Student Discount - $1.00

Tier One
1 Class - $10 (Drop In)
5 Pack - $35 ($7/class)

Aqua Babies
H2O Fitness
NIA Parkinson's
Spin (Greg)
Power Yoga (Tiffany)
Slow Flow Yoga (Tiffany)

Tier Two
1 Class - $15 (Drop In)
5 Pack - $50 ($10/class)

Mat Pilates
Strength & Tone
Spin (Val)
TRX 30

TRX Circuit
Monthly - $13/class
(no discounts)

SPECTRUM REFORMER PILATES

Intro Pack for new clients: 3 classes for $165 (one time purchase).

	Private	Semi-Private	Group
1 Session	$70	$42	$28/session
5 Pack	$300 ($60/session)	$185 ($36/class)	$115 ($23/class)

SPECTRUM YOGA

	Private	Semi-Private
1 Session	$50	$40
5 Pack	$225 ($45/session)	$175 ($35/class)

As of 3/7/2016